

Client Care

Our clients are treated with dignity and respect by all doctors, nurses, pharmacists, social workers, physician assistants, recovery mentors/peers and other health care professionals.

Medications Used in MAT program

- Subutex (Buprenorphine)
- Suboxone
- Naltrexone
- Vivitrol

New Directions Northwest, Inc.
3425 13th Street
Baker City, OR 97814

Monday through Friday
7:00 am to 5:00 pm

Phone: 541 523-7400
Fax: 541 523-4927

Tri-County SUD* Warm Line:
(541) 406-4444
24/7 line staffed by Peers for anyone
needing to talk through addiction and
next steps for recovery

*SUD = Substance Use Disorder



Medication Assisted Treatment Program (MAT)

Our services are provided in a medical setting. This unique environment allows for integration of services from team members across multiple disciplines, and provides our

We proudly accept the
Oregon Health Plan and
most private insurances.

MAT is the treatment of
addiction and withdrawal as a
chronic medical and behavioral
health condition.

New Directions Northwest, Inc.

Medication Assisted Treatment Program

Our Philosophy

To provide our community with the tools and resources needed to manage opioid use, misuse, and abuse, while working within the continuum of care with primary care physicians and behavioral health specialists.

Our Services

- Transition from opioid and opioid based medications to medications used to limit and reduce withdrawal symptoms
- Treatment of alcohol and stimulant use disorders
- Physical evaluation of client health
- Individual and group substance use disorder treatment
- Individual mental health counselling
- Assistance with referrals to mental health, psychiatry, medical detox and other programs.

Potential Benefits and Risks of Medication Assisted Treatment (MAT) Medications

Buprenorphine Benefits:

- Control of withdrawal symptoms when quitting opioid use.
- Supports patients with opioid use disorder in quitting other opioid use.
- Treatment can be conducted without daily attendance at a clinic to obtain medication

Disadvantages/Risks:

- Patients become physically dependent on buprenorphine
- May experience some opioid-related side effects including constipation and, particularly when increasing dosage, mild sedation
- Potential drug interactions with other substances, especially sedating drugs and alcohol

Naltrexone or Vivitrol Benefits:

- Decreases reactivity to drug-conditioned cues and decreases cravings
- Blocks the euphoric and sedative effects of drugs such as heroin, morphine, and codeine
- Vivitrol is an one a month injectable medication, no need to remember to take daily

Disadvantages/Risks:

- May cause liver injury
- Potential drug interactions with other substances, especially sedating drugs and alcohol
- Possible injection site reactions

We Are:

- A community partner
- A caring and compassionate care provider
- We conceptualize substance use disorders as a chronic health condition in need of medical and behavioral treatment and support
- A multidisciplinary team focused on addressing all symptoms

Misconceptions (What we are not):

- We are not a methadone clinic

Treatment Team

MD: Dr. David Richards

Prescribes medications, evaluates clients, and insures medical compliance.

PMHNPs: Reta Warner, Colleen Davenport, Richard Cain

Psychiatric Mental Health Nurse Practitioners: Prescribe MAT medications and/or psychotropic medications.

CGAC-R, QMHA-R, CADCII: David Fry

MAT Program Supervisor. Provides Mental Health evaluations and individual counseling. Substance Use disorder evaluations, group and individual treatment.

MAT CADCII: Chuck Campos

Substance Use Disorder evaluations, group and individual treatment.

CMAs: Cindy Flynn, Misty Brinton, Shaylee Joseph

Certified Medical Assistants: The patients direct link to MAT prescribers. Coordinates care with primary care physicians

Case Manager: Vince Mitchell

Communicates and coordinates care between behavioral health professionals and MAT program and makes appropriate referrals to additional resources as needed.



“New Directions for Positive Changes”